

Green Man Security Training

www.greenmantraining.co.uk

FIRST AID AT WORK COURSE

This qualification is aimed at learners who wish to become first-aiders in the workplace. This qualification meets the requirements for training emergency first-aiders in those organisations that have identified that staff need to be trained to this level within their first-aid needs assessment. The training takes 3 days.

We have trained staff for many companies and clients. In recent times we have trained people working at the BBC, The Olympic Village, Heathrow Airport, Tower of London, Tate Britain, Tate Modern, Royal Courts of Justice, BP Headquarters, Sky TV, Channel 4, The O2 Arena, The Oxo Tower, Victoria and Albert Museum, Natural History Museum, Science Museum, Museum Of Childhood, The Shard, British Gas HQ, 20 Fenchurch Street (Walkie Talkie Building), Household Artillery Company, Fabric Nightclub, Arsenal FC, HMV Oxford Street and ITV South Bank.

Candidates must attend the whole course.

Course Content

- role and responsibilities of a first aider
- minimise the risk of infection to self and others
- establishing consent to provide first aid
- complete an accident report form
- identify the first aid equipment that should be available in a workplace
- safe use of first aid equipment
- assess an incident
- conduct a scene survey
- conduct a primary survey of a casualty
- examples of when to call for help
- manage an unresponsive casualty who is breathing normally
- assess a casualty's level of consciousness
- open a casualty's airway and check breathing

why it is important to place an unconscious casualty into the recovery position

place an unresponsive casualty in the recovery position

manage a casualty who is in seizure

manage an unresponsive casualty who is not breathing normally

recognise the need to commence Cardio Pulmonary Resuscitation

demonstrate Cardio Pulmonary Resuscitation using a manikin

recognise and assist a casualty who is choking

how to identify a casualty with a blocked airway

first aid to a casualty who is choking

manage a casualty with external bleeding

identify the types of external bleeding

control external bleeding

manage a casualty who is in shock

recognise shock

administer first aid to a casualty who is in shock

manage a casualty with a minor injury

administer first aid to a casualty with small cuts, grazes and bruises

administer first aid to a casualty with minor burns and scalds

administer first aid to a casualty with small splinters

demonstrate Cardio Pulmonary Resuscitation using a manikin

using an automated external defibrillator (AED) as follows:

- place AED pads correctly
- follow AED instructions

be able to conduct a secondary survey.

identify the information to be collected when gathering a casualty history

conduct a head to toe survey and others

administer first aid to a casualty with injuries to bones, muscles and joints.

recognise and administer first aid for suspected;

- fractures
- dislocations
- sprains and strains

administer first aid to a casualty with suspected head and spinal injuries.

recognise and administer first aid for suspected;

- concussion
- skull fracture
- cerebral compression
- spinal injury

be able to administer first aid to a casualty with suspected chest injuries.

recognise the different types of chest injury

administer first aid for a chest injury

administer first aid to a casualty with burns and scalds.

recognise the factors that affect the severity of burns and scalds.

administer first aid for burns involving;

- dry heat
- wet heat
- electricity
- chemicals

administer first aid to a casualty with an eye injury.

examples of common eye injuries

first aid for eye injuries involving;

- dust
- chemicals
- embedded objects

first aid to a casualty with sudden poisoning

routes that poisons can take to enter the body

immediate first aid to a casualty affected by sudden poisoning

sources of information for treating those affected by sudden poisoning

first aid to a casualty with anaphylaxis.

identify common triggers for anaphylaxis

recognise anaphylaxis

immediate first aid for a casualty suffering from anaphylaxis

first aid to a casualty with suspected major illness.

recognise and apply first aid for major illnesses including;

- heart attack
- stroke
- epilepsy
- asthma
- diabetes

When

As in your text message or email. All training dates are listed on our website

Cost

Website has all prices. Individuals can pay on the day or if your company has booked you they will be invoiced.

Where

Green Man Training,

Selby Centre,

Selby Road,

Off White Hart Lane,

Tottenham,

London,

N17 8JL

Free car parking is available on site.

Time of Course

9am to 5pm each day

What to bring

You will need notepaper and a black pen. Please bring ID too, eg a passport or driving licence.

Please do not hesitate to contact us if you have any further questions about the course.

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